

PUBLIC AUTHORITY CAREGIVER TRAININGS CALENDAR FOR September-November 2009

CLASS NAME	DATE	DAY OF WEEK	TIME	CLASS LOCATION
Eating for a Healthier You!	9/3/2009	Thursday	2:30PM - 4:00pm	Rancho Cucamonga IHSS
Re-Think Your Drink	9/14/2009	Monday	2PM - 4PM	Rancho Cucamonga IHSS
Nutrition & Meal Preparation for Older Adults	9/21/2009	Monday	1PM - 3PM	Yucca Valley IHSS
Eating for a Healthier You!	10/5/2009	Monday	2:30PM - 4PM	Victorville IHSS
Aphasia	10/19/2009	Monday	2PM - 4PM	San Bernardino Public Authority
Hearing Loss	11/2/2009	Monday	1PM - 3PM	Yucca Valley IHSS
Aphasia	11/9/2009	Monday	2PM - 4PM	Rancho Cucamonga IHSS
How to Use a Mechanical Lift	11/12/2009	Thursday	2PM - 4PM	Victorville IHSS

CLASS LOCATION ADDRESSES

San Bernardino	Rancho Cucamonga	Victorville	Barstow	Yucca Valley
686 E. Mill St San Bernardino	9445 Fairway View Place Ste.110 Rancho Cucamonga	17270 Bear Valley Rd #107 Victorville	1300 E Mountain View Barstow	56357 Pima Trail Yucca Valley

For questions on how to register, please call Valerie Martinez at (909) 891-9110 or Freddie Barrera at (909) 891-9109.

All classes are **FREE** for working IHSS providers and available registry providers.

All classes subject to cancellation due to low enrollment